# Patterns of Parental and Peer Assistance in the Formation of Anti-Bullying Behavior in Students at SMPK Citra Bangsa Mandiri Kupang

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| Article Information | ABSTRACT |
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| | *Aim:* This study aims to examine the patterns of support provided by parents and peers in the development of anti-bullying behavior among students at SMPK Citra Bangsa Mandiri Kupang. *Background:* Bullying is a serious issue that can impact the psychological and social development of students. As such, it is crucial to identify elements that can support the prevention of such actions. *Method:* Qualitative methods were applied in this study. Information was obtained through in-depth interviews and participatory observation and then processed using content analysis. *Result and Discussions:* Findings from this study indicate that a stable and constructive parental mentoring approach, including clear communication, modeling good behavior, and active participation in children's daily activities, plays an important role in shaping anti-bullying attitudes. In addition, help from peers who show mutual respect and care also plays a crucial role in creating a safe and supportive school atmosphere. Students who feel support from their parents and peers tend to have greater confidence to resist bullying and look after their friends. *Conclusion:* The impact of this study highlights the significance of cooperation between parents, educational institutions, and peers in preventing bullying. The implementation of education and training programs on anti-bullying behavior and social skills enhancement is expected to reinforce a positive and inclusive school atmosphere.

**Keywords:** Bullying, Behavior, Peer Assistance. |
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## INTRODUCTION

Humans are inherently social creatures who require relationships and interactions with others. Human social ties are crucial for maintaining their psychological and emotional well-being. As a member of society, individuals must cultivate positive and harmonious relationships among fellow human beings. Harmony may only be attained when the relationships inside the family (between father and mother, parent and child, and child to child) are intricately interwoven, free from any instances of violence.

Children who experience a lack of affection in their family environment often look for attention from sources outside of their home, which can manifest in both positive and bad ways. Children exhibit a preference for engaging in outdoor activities, participating in extracurricular pursuits, and socializing with peers as good means of seeking attention beyond the confines of their families. However, it is important to acknowledge that there are also detrimental actions such as experiencing anger, engaging in acts of aggression toward friends, and deriving pleasure from causing harm to others. It can be classified as an instance of bullying.

Bullying can manifest in various forms, including direct aggression through physical attacks or verbal abuse, indirect methods such as social isolation and spreading rumors, or even through internet platforms (Salmivalli et al., 2021).

Bullying can manifest in various ways, such as physical, verbal, or relational aggression, commonly referred to as 'conventional bullying', or through the use of digital technologies (Rostam-Abadi et al., 2024). Bullying has extensive adverse effects, and being subjected to childhood bullying is also linked to detrimental mental and physical health, social isolation, financial difficulties, and diminished quality of life into early adulthood and midlife (Fraguas et al., 2021). Bullying is a pervasive public health issue that affects students across different age groups and socio-cultural contexts. Kruskal-Wallis and pairwise comparisons showed significant effects for portraits of bullies and pro-bullies as victims of bullying showed greater fixation and visitation compared to victims, while uninvolved students showed no significant differences with the other groups (Menabò et al., 2024). Bullying can take two forms: regular bullying and cyberbullying. Conventional bullying, which mostly takes place in offline settings, such as schools, can involve both indirect relational aggression and direct physical and verbal assault (Ding et al., 2020).

Bullying is the behavior of using authority to harm a person or group of people verbally, physically, or

psychologically, so that the victim feels dejected, hurt, and helpless (Yolanda Mutiara, 2023). The act of bullying can have adverse effects on the mental, emotional, and social well-being of all individuals who are actively engaged in or have knowledge of it (Joo et al., 2020). Multiple research has established that bullying has diverse detrimental effects. For those who are subjected to bullying, the educational environment can be both unpleasant and perilous. The dread can result in sadness, diminished self-worth, and frequent instances of being absent. Bullying is often a catalyst for developing negative traits such as aggression and delinquency in those who engage in it. The danger of bullying has a more significant influence on psychological discomfort in adolescents, particularly in boys during adolescence, as compared to girls (Rohmana et al., 2020).

The occurrence of bullying among teenagers can be attributed to familial discord, where a lack of familial care leads adolescents to suppress their feelings and engage in bad behaviors, such as displaying aggression towards their peers. The style of parenting significantly impacts the formation of a child's personality. Girls are subjected to bullying primarily due to their physical appearance and overall physical condition, whereas guys are targeted for bullying based on their popularity and religious beliefs within the school environment (Borualogo et al., 2020). Bullying exerts a profound influence on mental well-being, heightening the probability of future criminal behavior among perpetrators, and inducing symptoms associated with psychosis. Furthermore, it induces feelings of worry and depression in the individuals affected (Nocentini et al., 2019). The study found no correlation between parenting style and traditional bullying offenses or victimization. However, negligent parenting was shown to be linked to cyberbullying offenses, whereas indulgent parenting was connected with cyberbullying victimization (Broll & Reynolds, 2021). Peer bullying is strongly associated with both family functioning and kid behavior (Bozan et al., 2021). The phenomenon of cyberbullying exerts a significant influence on the psychological well-being of adolescents. The detrimental actions of malevolent individuals result in a deficiency of comprehension and mindfulness in utilizing social media prudently (Indainanto & Purba, 2024).

There is a prevalent occurrence of bullying in the city of Kupang, located in East Nusa Tenggara. One of the private junior high schools is the SMPK Citra Bangsa Mandiri Kupang. This school, which upholds Christian values and strives for excellence, is committed to promoting anti-bullying behavior among its students. This is achieved by the implementation of anti-bullying initiatives, such as fostering collaboration with parents and classmates and building an Anti-Bullying school specifically designed for pupils. The school acknowledges that the development of student behavior is influenced by family life and that the influence of peers plays a significant part in shaping student character.

## METHOD

The research method is a systematic procedure or steps in writing to solve a problem by existing provisions. By using research methods, it is hoped that researchers can make it easier to obtain the data needed for the problem. In this study, the authors used qualitative research methods. The purpose of this review is to combine several published evaluation criteria for good qualitative research. The goal is to explain the rules used to assess how appropriate qualitative research is. This includes various perspectives on how we understand knowledge and reality (Yadav, 2022). Hence, the utilization of methodologies in a study is a crucial and fundamental aspect of initiating the process of conducting designed research operations. This is done to enhance the study in elucidating subsequent phenomena and issues. In addition to acquiring the necessary data for researchers. To process and examine the data collected during the investigation to conclude. The process of gathering and examining data of high quality is frequently utilized in an iterative manner to address research inquiries (J. L. Johnson et al., 2020). This document presents a comprehensive overview of several data collection methods, along with their respective pros and limitations. It serves as a valuable resource for researchers to make informed decisions on selecting the most suitable method for their study. The writers also explore various methodologies for analyzing qualitative data and assessing the reliability and validity of research (Khoa et al., 2023). According to them, this strategy is aimed at comprehensively addressing environments and persons. When employing a qualitative methodology, researchers seek evidence through written records, oral accounts, and observations to examine how parental and peer support contribute to the development of anti-bullying behavior in adolescents. Researchers study how parents and peers deter bullying behavior.

The chosen study objective for data collection is descriptive qualitative. The researchers opted for a descriptive approach in this study, aiming to provide a detailed account of social phenomena related to the development of anti-bullying behavior in adolescents, specifically focusing on the influence of parents and peers. The study examines the attributes of the informants involved in this research. Firstly, parents with adolescents who are not impacted by bullying conduct. Furthermore, parents that possess an effective approach to training their children in cultivating anti-bullying behavior The researcher used the snowball technique method to identify this informant. The snowball method is a highly effective approach to instilling the principles of responsibility and environmental consciousness in character education (Hardiansyah, 2022). The author used this technique to ascertain the informant due to the scattered nature of the material. It is important to highlight that the snowball sampling approach aims to gather a wide range of information by identifying informants and exploring information from multiple sources.

## RESULTS AND DISCUSSION
### Results

The interview results regarding parental perspectives on bullying reveal distinct patterns.

The disparities in perspective about the P1 response unveiled that bullying is a malevolent and dehumanizing behavior, as it exerts a significant influence on an individual's mental state and can potentially result in severe depression or even mortality. P1 asserted that bullying is morally reprehensible, displaying a lack of humanity, eroding the victim's trustworthiness, perpetuating a consistently bad atmosphere, and perhaps escalating into criminal acts such as

suicide or seeking revenge through murder. Given that bullying is a detrimental condition, it is advisable to protect one's emotional well-being from being subjected to bullying. "Bullying is an expression of callousness, where individuals feel entitled to utter any words towards others without considering the potential harm they may cause." One's apathetic attitude is becoming evident.P3 asserts that bullying is an intentional action carried out to cause harm to another individual. There is a component of animosity present. Bullying is an infectious ailment. One spreads the contagion to another, resulting in a situation that is initially perceived as a comedy but ultimately inflicts harm. P4 contends that bullying is a dehumanizing, agonizing, and lethal behavior that destroys a person's reputation, sabotages their prospects, and undermines another's well-being. Bullying may appear insignificant, but in reality, it may be lethal. According to one of the author's sources, P5, he was a school psychologist who provided his perspective on the issue of bullying. "Bullying can be likened to perspiration, a constant outflow of sweat from the human body. Due to the body's temperature, perspiration will persistently be released. If there is an absence of a suitable towel or cloth, which prevents appropriate absorption, it will continue to adhere to the human skin.

Responding to bullying behavior

Bullying has a cognitive influence that results in reduced attentiveness during the learning process and a diminished value of the lesson. The victim often experiences a range of emotional responses, including embarrassment, frustration, rage, and a desire for retaliation. The conative impact of revenge for the bully is manifested by the utilization of physical violence and the act of retaliating by exploiting vulnerabilities and engaging in cyberbullying against the perpetrator, to experience a similar sense of satisfaction. Additionally, this behavior has the potential to cause harm to various aspects of the individual's surroundings. Individuals who are subjected to bullying frequently experience feelings of discomfort and may continue to be affected by it far into adulthood.

As a parent committed to combating bullying, it is essential to actively address and resolve this issue. P1 asserts that the most effective approach to combat and eliminate bullying is through the provision of education that fosters a deep sense of compassion and care for children. Instilling in children the values of compassion and positivity, recognizing the uniqueness of every individual despite their imperfections, and acknowledging the inherent goodness in all of God's creations form the fundamental principles of child education. Show respect and courtesy towards senior citizens.

Instilling healthy values in youngsters and providing them with spiritual teachings that reinforce their religion can be an effective approach to addressing bullying behavior. Effective communication is essential within the familial setting, fostering a connection between parents and children. According to an interview with P2, it was mentioned that they engage in communication with the youngsters for at least one hour every day before dinner. The passage describes the events that occurred from morning to noon and emphasizes the importance of the concept of magnanimity, which is often referred to by elderly individuals. As parents, we consistently assert that the state of the world is deteriorating. Where youngsters are required to react to every situation. "You need

not conform to others; embrace the positive and discard the negative."

It is important to ensure that schoolmates are vigilant regarding the peril of bullying. Occasionally, when discussing bullying, our focus tends to veer towards extreme topics such as suicide. However, bullying can occur in subtle forms, such as using a friend's parent's name instead of their own or using derogatory nicknames to refer to others. Expressions such as "We Black!" "We Buntianak!" and "We Tongos!" are commonly used. The actions that appear insignificant to the offender are considered ordinary, but for the victim, they cause significant distress. To address bullying, it is crucial to prioritize the smaller aspects, beginning with a speech. This should be the initial area of attention for change. If all pupils possessed a uniform perspective and accurately recognized that we, as human beings, are the embodiment and manifestation of God, the occurrence of hurtful words and physical mockery against others would undoubtedly be eliminated.

Patterns of parental assistance in shaping anti-bullying behavior

After conducting interviews with P1 and P2, it was found that there are several commonalities regarding the influence of parental support on the development of anti-bullying behavior. Specifically, this refers to the role of parenting practices and spiritual nurturing in shaping children's attitudes against bullying. Parents make daily efforts to establish effective communication with their children, fostering an atmosphere of openness and trust. A child can recount the events that occurred to him during his time at school. When it comes to parenting, parents consistently provide guidance and instill a certain perspective, as indicated by P1 and P2 in the interview findings. They emphasize the need to show love towards children and the understanding that treating others poorly is unacceptable under any circumstances. "The world is deteriorating, necessitating a response to all circumstances."

There is no requirement for you to conform to the same standards as others. Instead, focus on embracing the great aspects and discarding the negative ones. According to sources P1 and P2, it is necessary to pray for children daily. By doing so, our children will be enveloped in a pleasant environment throughout their lives. Merely giving advice or speaking to our children is not enough; prayer must accompany these actions. For with prayer, all words have power. The divine influence of the Holy Spirit will shape the cognitive, behavioral, and verbal patterns of the children. Additionally, if parents consistently pray for their children, they can expect the presence of a divine angel to be near them. In an interview with sources from P3 and P4, a program aimed at combating bullying and violence was developed in collaboration with teachers in the school's domain. The counseling advice program at SMPK Citra Bangsa Mandiri Kupang has a curriculum that incorporates teachings on bullying. During special hours of BK classes, kids in the class are provided with material to enhance their awareness of bullies and bullying. To deter bullying inside the class, it is important for the group members who actively share information about bullying and engage in negotiations to take action. If a child is discovered to have engaged in bullying behavior, they are promptly brought to the school premises for a preliminary inquiry. The purpose of this investigation is to identify the underlying cause of the problem. Subsequently, the child is referred to the School

Psychologist for counseling. Typically, the bullying offender is assigned specific tasks to assess whether there has been a positive shift in their behavior. If pupils encounter difficulties and have a history of being involved in bullying incidents, their parents will be summoned to the school. The objective is to foster communication and collaboration between educators and senior individuals in the process of educating and supporting youngsters. To exercise control over the pupils, both the school and the household play a role. The projects are completed at home to allow parents to have oversight and share the results with the teacher. P4 mentioned in an interview that "free advice will be reiterated later." As customary during Friday worship, after a specific prayer, all children are instructed to reflect, while the worshippers engage in prayer. During our prayers, we are consistently reminded to abstain from wrongdoing.

Peer Mentoring Patterns in the formation of anti-bullying behavior

Peer friends are one of the key elements in the formation of anti-bullying behavior. Because youths tend to trust their peers more, and what makes them feel comfortable is that they prefer to bow to peers. In the school of SMPK Citra Nasa Mandiri, there is a young counselor named after him who has joined the youth's PIK group. ( Pusat Informasi dan Koseling Remaja). As stated by P3 the source said "If I see any acts of bullying I immediately call the perpetrators and be taken to the axes to be prosecuted and built there with the teachers. What I do to my victim I do approach, I try to comfort him, and give him strength. I took the time to hear all the heartbreaking of the friend. And I'm trying to accompany him until this victim doesn't feel burdened anymore."There's a lot of bullying. The bullying behavior occurs due to the intimidation of teenage friends. The way you meet, and the way you relate, sometimes contain bullying. It's not noticed by the students. For instance, calling a friend's name with a different nickname, having a certain surname, and calling the name of a parent. For the students who do this for them, this is the usual thing, even a joke for them. Besides punishing a friend with a physical touch like hitting a friend's arm, or hitting the head of a friend. Unknowingly, this is already bullying behavior: verbal and physical.

As a school psychologist, I discovered phenomenal things related to bullying behavior in the SMPK. The most bullying that has ever been dealt with is verbal bullying. This leads to a sense of irritation and struggle among the students. 85% of kids have ever done that. It's either intentional or unintentional. There are also acts of bullying through writing. Where to curse a friend through writing in a book, to chastise a friend by writing in the book, and to repay each other. And eventually triggered a free-fighting struggle in the classroom. Besides, there's also bullying behavior using social media. Where the perpetrator said bad things to the victim. Posting negative comments by creating a fake account. Bullying like this is a tough task for the school to deal with. Because the perpetrators use fake accounts that are hard to trace the truth of who did it.

School psychologists assist in shaping anti-bullying behavior.
The initial step in establishing school behavior formation is to generate educational materials. The curriculum of learning counselling provides the chance to include instructional materials in the classroom. Therefore, the presence of a mentor or counselor who facilitates learning provides educational resources on the topic of anti-bullying conduct. The students in the classroom are organized into 3-4 groups. Within the children's group, they were prompted to engage in a discussion regarding various forms of bullying, including physical, verbal, and cyberbullying. Students must ascertain the cause, determine the underlying issue, classify the type of case, and devise a solution. When working on a task as a group, the teacher designates one individual from each group as the leader or group leader. The leader of this group serves as an exemplary guide to his friends. However, there are hazards associated with a youngster who becomes a role model, as they may not be well-liked by their neighbors. Therefore, teachers must be adaptable and seek out the most impartial role models.

The involvement of students is a crucial factor in promoting the development of anti-bullying attitudes and actions.

a. Devotion (character building)

Devotion is an exercise in character development that is done in the name of the country. This devotion was performed in the morning before teachers learned together to perform morning worship, and it was completed in the afternoon when teachers concluded teaching. It seeks to develop spiritual educators and ready educators' hearts for instructing based on the veracity of God's word. The homeroom teacher gave their respective mothers-in-law morning devotions after the teachers finished theirs, and then the kids finished their studies. The thirty-minute morning prayer session ran from 7:30 until 8:00. The homeroom teacher engaged in worship activities with the kids during this morning's devotion. In addition, they spoke with their sons about the things that the kids were doing from the first to the last lesson, like the books below, checking the student's progress reports, looking over the kids' needs like food supplies, and other things that needed to be discussed.  The high school conducted a devotion with his son-in-law in the afternoon following the conclusion of the lessons. The duration of this devotion is 14:10–14:50. This afternoon, Devotion queries the teacher about his son-in-law's whereabouts from dawn till midday. It was then concluded with a group's daily worship.

b. Using the point book at the SMPK A point book with guidelines that pupils shouldn't break is provided by an independent field of students. With the assistance of the class leader or another management, this point book is handed to the main class and filled in during the daily devotion. There are scores in this book of points that, if they are broken, result in the loss of points. Additionally, this will skim the report from the following semester's attitude evaluation.

c. Form a group to handle negotiation and anti-bullying. Schools are required by their self-government to form a team for consultation and anti-bullying. to do away with school-related negotiations and bullying. This team was created by the SMPK School of the Self-Governing Nation. The staff, parents, and school make up the team. Our staff conducts bullying workshops and peer counseling programs, among other things. to appropriately address both the bullying behavior at school and the victims of the bullies to prevent undesirable things from happening.

d. Every Friday, the School conducts spiritual education exercises. Every Friday morning, it conducts worship in the prepared hall, with all of the professors and students participating in combined worship activities. Also, the school collaborates with the LPMI to conduct spiritual support events that take place every three months. Where kids are specifically helped to develop their spiritual growth by participating in the prayer of remembrance. The children and adolescents KKR are also held at the start and conclusion of each school semester. Its goal is to make pupils excited about the beginning of a new semester and the end of the school year.

## Discussion

### Conscious Parenting

Conscious parenting refers to a parenting approach that emphasizes mindfulness, interpersonal connections, and undivided attention. Conscious parenting is deliberately and attentively raising a child while prioritizing mindful attention and effective communication. Conscious parenting refers to a method of caregiving that is centered around establishing a deep bond with children via the use of self-awareness.

Every parent should possess a clear objective, sagacity, and emotional intelligence to actively recognize that childcare is a mutually beneficial partnership that facilitates personal growth for both parents. A mindful parent will not administer punishment to their children in the nontraditional sense. Parents, on the contrary, define hope and self-control.

The author performed a study to examine the correlation between parent support and the development of anti-bullying behavior. The results showed that 28% of parents who used the Conscious Parenting pattern showed support in this regard. This demonstrates that not all parents employ deliberate parenting strategies to counteract the development of anti-bullying behavior in children. This has been demonstrated to induce panic in the child. Among the surveyed parents, 47% frequently induced panic in their children when they made an error. This demonstrates the presence of distinct patterns of conscious parenting in a reverse manner. Mindful parenting A mindful parent will refrain from punishing their children, at least not in the traditional manner.

In the event of parents monitoring their child's HP daily, 52% of the parents frequently provide answers, while 10% always respond. One defining element of conscious parenting is the consistent daily monitoring of their children's health and well-being by parents. It demonstrates that not all parents employ deliberate parenting strategies in shaping anti-bullying conduct.

### Authoritative parenting

Authoritative parenting is defined by parents who have realistic expectations and are very sensitive to their children. Parents who have been given official permission not only have elevated standards for their children but also provide them with the necessary resources and assistance to achieve success. Parents who practice this style of parenting engage in active listening with their children while providing them with both affection and nurturing, as well as setting clear boundaries and enforcing discipline. This parenting approach eschews punishment and threats, opting instead for positive reinforcement tactics. The pupils' attitudes and behavior exhibited increased levels of tolerance and moderation, irrespective of their differences. (Saepudin et al., 2023). Implementing a more mindful consumption movement from ordinary citizens to the government requires four crucial elements.

Initially, education should prioritize social learning, which has the potential to alter one's mentality. Attitude. Furthermore, it is imperative to advocate for alternatives to hedonism to redirect individuals' focus on consuming. Furthermore, it is imperative to implement a filtering mechanism for commercials, TV programs, and social media communications to exert control over consumer behavior. Require filtration to exert an impact on consumer behavior. (Parvatiyar & Sheth, 2023). According to the author's survey, 43% of parents who practice Authoritative Parenting were found to support the development of anti-bullying behavior. Among the three patterns mentioned by the author, parents are the ones who carry out the most authoritative parenting. 98% of parents enforce disciplinary rules for their children, while 94% of parents impose penalties on their children for violations. Additionally, 71% of parents provide rewards or gifts to children who successfully adhere to existing agreements or rules. Furthermore, 76% of children provide input to their parents regarding the agreements made. Moreover, 84% of parents involve their children in the process of making deals or regulations. Lastly, 76% of parents have specific goals for their children, particularly in academic terms. The parents' responses indicate that the authoritative parenting style is the most commonly employed by parents when fostering anti-bullying behavior.

### Christian Character Building

Children require a wise and empathetic carer who can anticipate and fulfill their every need. They also need a role model who can effectively instruct and educate them. This person should ideally be a parent figure. The significance of parents rests in their ability to fulfill all the needs of their children.

Children's character development yields four outcomes: 1) A life characterized by Christ-like qualities that serve as the benchmark for their Christian convictions; 2) A life directed by the Holy Spirit, resulting in the transformation of children's lives (Labobar, 2022).

When a kid encounters external or internal challenges that lead to feelings of despair, withdrawal, and a lack of self-assurance, parents must offer inspiration, support, and guidance to assist the child in resolving their difficulties. Parents have the responsibility to assist their children in addressing and overcoming the issues that lead to their depression and sadness, enabling them to move on. The Christian character development encompasses various patterns:

### Explaining the Existence of God

The parents' instruction of God's creation is evident in the Bible, which serves as evidence of this divine creation as it is explicitly stated in His written word. Man, as God's creation, evolved into His flawless being. "God stated: Let Us create mankind in Our likeness and image..." The reference is from Genesis 1:26. Parents who educate their children about the

intricacies of the natural world should possess the ability to provide an accurate elucidation of human accountability towards this cosmos, enabling their children to comprehend and fulfill it. The duty entails the care, conservation, regulation, and administration of God's creation, as stated in Genesis 1:26b: "...that they may have dominion over the fish of the sea, and over the birds of the air, and the cattle, and all the earth, and over every creeping thing that creeps on the earth." In His omnipotence, God created the universe and used His hands to form and make the heavens and the earth.

## Teaching the Word

The significance of setting aside dedicated time for meditating on the word of God within a familial setting cannot be overstated, particularly when considering the holistic growth and spiritual development of children. Children's spiritual education is more than just acquiring knowledge; it also involves cultivating the ability to put that knowledge into action. Devoting dedicated time to contemplate the Scriptures should be a crucial component and a responsibility of every member of a family unit. The act of collectively meditating on the Word allows all family members to acquire knowledge and a deeper comprehension of God's plans within the family unit. The family is collectively instructed and enlightened by the teachings of the Lord Jesus Christ's word, enabling them to comprehend and carry out His divine will. Parents must possess a high level of spirituality to effectively educate their children by the teachings of God's Word. The core and exclusive rendezvous between God and family members can undoubtedly be achieved through communal bonding within the family. The two approaches provided are derived from two biblical passages, specifically Titus 2:6-7 and Proverbs 29:17. The passage in Titus 2:6-7 highlights the significance of parents serving as positive role models for their children (Rezeki Putra Gulo & Restu Gulo, 2023). Through His Word, individuals acquire knowledge of His love and redemption. Through the Scriptures, individuals gain knowledge of God's intentions for them and are guided to actively engage with God in their everyday activities. Through the Bible, which is considered the divine Word of God, individuals can gain knowledge of God's self-revelation. A family that comprehends the divine intention will actively seek the presence of God to bestow capability and assistance in managing the challenges faced by each member of the family.

## Teaching to Pray

Parents should instruct their children in the practice of praying to the Holy Trinity. The youngster must cultivate their spiritual traits by adopting an attitude and making decisions that are guided by divine wisdom. A family that recognizes the significance of allocating time for solitude and introspection is a family that demonstrates obedience and devotion to God. Having faith in a family member's devotion to God is a solid basis that fosters unity, openness, and an understanding of the significance of acknowledging the flaws and shortcomings of that family member. Christian parents should provide spiritual guidance inside the family through God's teachings. Sharing quality time as a family is a valuable opportunity, as it allows family members to become aware of and collectively address any difficulties or challenges that arise within the family unit. While the negative impact of changes in parental dynamics on children persists, the patterns of family

life among older adults have also been influenced by changes in divorce and remarriage trends in the past decade (Raley & Sweeney, 2020). Modern life's abundance of divisions rather than unites us. We all agreed to meet together when the family shadow fell. Even though your kids might not be too keen to follow him, he will secretly be grateful for this occasion when the entire family says, "Let's get together." a child's incapacity to meet his wants, leads him to try to win over his parents. The child acts in this way because he is aware of his limitations in achieving his goals. In the same way that parents teach their children to pray and to strive since the Lord is the owner of everything in the world, children are also trained to pray to the Lord.

Researchers found that 29% of parents who responded to a study on the role parental support plays in helping children develop anti-bullying behaviors also follow a Christian character-building pattern. This is evidenced by the responses provided by parents. While 26% of parents frequently pray in the morning with their children, 31% of parents always listen to morning prayers with their children, and 42% of parents hardly ever pray in the morning. This suggests that parents and children don't always pray together in the morning. Furthermore, the parents' responses demonstrate the pattern of developing Christian character. Where 39% of parents share the Bible daily. 11% of parents always share God's word with their children every day, compared to 26% who do so infrequently. This indicates that not all parents teach their kids the Bible every day.

## Patterns of Peer Mentoring in the Formation of Anti-Bullying Behavior
## Peer Group Mentoring

Peer mentorship is a mutually beneficial partnership between employees who hold similar positions or are at the same level within an organization. Peer mentorship involves the transfer of information and skills from experienced employees to less experienced colleagues, along with the provision of support. Peer mentoring is a highly successful method for promoting employee growth and advancement. Students encounter three primary challenges: comprehending the mentor's role, engaging with peers, and enhancing participation in campus activities (Marshall et al., 2021). In addition to assisting employees in developing their careers, this mentoring can also strengthen relationships between teams, improve work quality, and create a more positive work environment. Mentoring activities with specific contexts and objectives of individual mentoring programs by taking into account idiographic program characteristics, mentoring dynamics, and orchestration of mentoring objectives (Stoeger et al., 2021).

At SMPK Citra Bangsa Mandiri, the peer group mentoring pattern is carried out in the classroom, where students are divided into working groups in counseling guidance learning, then together conduct a review of bullying cases that occur in adolescent life. In the group, one person has been chosen to be the leader or role model. In the process of working, students communicate, and share experiences about what they know about bullying. From this, there will be new information obtained by fellow students.

## Peer Counselor

Peer counseling is crucial due to the author's findings that the majority of adolescents tend to discuss their difficulties with their peers rather than with their parents, mentors, or teachers at school. Even for issues of significant gravity, they engage in discussions with their peers (friends). The mental health of peers remained consistent when employed as peer mental health support workers; nevertheless, certain aspects of their overall well-being showed improvement (B. A. Johnson & Riley, 2021).

Adolescents typically only confide in parents, counselors, and instructors when they feel compelled to do so, often because their discussions with peers have reached an impasse. The psychosocial effects on college students who engage in peer support for mental health (Anderson et al., 2020). This is because teenagers possess a profound inclination and dedication, as well as a robust connection, to their peers. Adolescents see a lack of comprehension from adults and firmly believe that only their peers can truly comprehend them. The job of a peer counselor exerts a significant impact on adolescents. When a report of bullying is made, this long-standing counselor supports the person responsible for the bullying. They are inquiring about the events that transpired and the underlying cause, and they are even prepared to listen

to the perpetrator's false testimony. In this crime, the perpetrators become volatile due to their perception of being unrestrained, unaccountable, or criticized. However, they were accepted and revered. However, it is crucial to enforce the consequences in situations where there is a sense of panic that helps shape the student's character and prevents them from engaging in more infractions.

At SMPK Citra Bangsa Mandiri, there is a youthful counselor who is a member of the youth's PIK group (Youth Information and Counseling Center). The job of a peer counselor exerts a significant impact on adolescents. When a report of bullying is made, this long-standing counselor supports the person who is responsible for the bullying. They are inquiring about the events that transpired and the underlying cause, and they are even prepared to listen to the perpetrator's false testimony. In this crime, the perpetrators become volatile due to their perception of being unrestrained, unaccountable, or criticized. However, they were warmly accepted and much revered. However, it is essential to enforce the consequences in situations where there is a sense of panic that helps shape the student's character and prevents them from engaging in more infractions.

## CONCLUSION

Parents who have been given official permission not only have elevated standards for their children but also provide them with the necessary resources and assistance to achieve success. Parents who practice this style of parenting engage in active listening with their children while providing them with love and warmth, as well as setting appropriate boundaries and implementing fair disciplinary measures. This style of parenting eschews punishment and threats, opting instead for positive reinforcement techniques. The third Developing Christian character Children require a smart and empathetic individual who can fulfil their every need, while also serving as a role model and educator. This person is ideally a parent.

Among the three existing forms of parent support patterns, the second type, known as Autoritative Parenting, is the most commonly utilized by parents. It is distinguished by the existence of legitimate expectations placed on children, such as parents for their children to excel, exhibit good behavior, engage in constructive activities, and so forth. In the context of parenting, parents instill trust in their child while simultaneously establishing specific agreements to ensure the youngster's adherence to rules or agreements. Parents who have been given official permission not only have elevated standards for their children but also provide them with the necessary tools and assistance to achieve success. Parents who practice this style of parenting engage in active listening with their children while simultaneously providing them with affection and nurturing, as well as setting clear limits and enforcing discipline.

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